



## REPORT

### ACTIVITIES of the ANTIDOPING CENTRE IN 2014

Compliance of the work in 2014 with the planned activities, according to the year-plan for 2014 of the Antidoping Centre.

Implementing its year plan, the staff of the Antidoping Centre adhered to the basic strategic aims and the put measurable objectives for 2014.

Strategic aims of the Antidoping Centre

- Enhanced institutional commitment and coordinated work against doping use in sport
- Formation of steady mechanisms for fight against doping, as well as against use of health-damaging drugs in sport
- Ensuring of athletes' right of fair and equal contest

Measurable objectives of the Antidoping Centre for 01.01.2014 - 31.12.2014

1. Supervision audit according ISO 9001 (November-December 2014)
2. All-year doping testing according the plan -507 tests, incl. 303 in-competition and 204 out-of-competition
3. Training of Doping Control Officers – 30 persons (April-May 2014)
4. Antidoping education:
  - A. On the project funded by UNESCO – 31 lectures
  - B. Of athletes and the staff of licensed sports organizations – 4 lectures

The activity of the Antidoping Centre on the set measurable objectives and the year plan was carried out in compliance with the Regulations for Doping Control in Training and Competitive Activity (RDCTCA), the World Antidoping Code 2009 and its standards actual for 2014, as well as according to ISO 9001:2008.

At the very beginning of 2014, the members of the Antidoping Centre staff drew-up their individual work-plans for 2014.

In 2014, the following reports were prepared:

- Year-report on the Antidoping Centre activities in 2013
- Report on the Antidoping Centre activities in first half-year of 2014

#### Report on the activities of the Antidoping Centre

Aiming to accomplish the basic principle of the World Antidoping Code for doping-free sport, the Antidoping Centre elaborated programs for antidoping education, their major subject being prevention against use of health-damaging drugs in sport.

The Antidoping Centre carried out training of the Bulgarian participants in the Winter Olympic Games Sochi'2014 for compliance with the antidoping rules of the International Olympic Committee.

In the training, 23 athletes and 6 coaches from different federations were included: cross-country skiing (incl. free-style), alpine skiing, biathlon, ski jumping, figure skating, snowboard, and sleighs.

Implementing the strategic aim of the Antidoping Centre policy – enhanced institutional commitment and coordinated work against doping use in sport – DCOs of the Antidoping Centre conducted 895 doping tests, according to the year plan and requested by Bulgarian and international federations. The doping control was conducted in compliance with the WADA requirements to emphasize on target and intelligent testing, prioritizing risk sports. Out of the 503 doping tests conducted according to the year plan, 299 are in-competition tests and 204 are out-of-competition tests.

At the beginning of 2014, in respect to the then-forthcoming participation in the Winter Olympic Games in Sochi, the Antidoping Centre carried out 11 doping tests on athletes in winter sports.

In compliance with Art. 4(3) of the RDCTCA, 355 doping testings were conducted on the request of Bulgarian and international federations, which paid the doping tests. In 2014,

the Antidoping Centre was authorized to organize and perform the doping control at the following sport events that took place in Bulgaria: World Championships in Figure Skating (for Juniors), in Fencing (for Juniors); in Boxing (for Juniors); European Championships in Triathlon (for Men and Women), in Snooker, in Archery, in Wrestling (for Cadets), in Artistic Gymnastics, in Cross-Country, in Futsal (for Deaf Athletes); World Cup in Sambo, in Rhythmic Gymnastics; European Open-Cup in Judo; Championships in Boxing for EU-countries; International Tournaments in Aerobics, in Volleyball, in fencing ("Asparoukh's sword"), in Cycling, in Boxing (APB).

The Antidoping Centre conducted 26 doping tests of athletes with participation-quota for the Second Youths Olympic Games in China, the testing costs been covered by the Bulgarian Olympic Committee. Additionally, samples for urine and EPO analysis have been collected from Athletes with quota for the Sochi'2014 Winter Olympic Games. The Antidoping Centre covered the costs though this doping control was not in its plan.

The staff of the Antidoping Centre prepared and submitted the changes in the Regulations for Doping Control in Training and in other documents of the Centre necessary for their compliance with the 2015 World Antidoping Code and its Standards. All these documents became effective in Bulgaria at the beginning of 2015.

In 2014, the Antidoping Centre was informed by the Doping Control Laboratory in Athens, Greece, about 8 Adverse Analytical Findings. The Control Medical Commission (CMC) of the Centre managed all the AAF in compliance with the International Standard of Testing and the RDCTCA. Doping rules violations were proved in four cases and their files were sent to the Disciplinary Committee by the Bulgarian Olympic Committee for judgement and decision.

The sanctions determined by the Disciplinary Committee and imposed by the corresponding sports organization were placed on the Antidoping Centre website.

In 2014, the CMC also managed 13 Atypical Findings, the additional analyses of which did not prove AAF. To the Antidoping Centre, 6 TUE-applications have been submitted in 2014. TUEs were granted to two athletes and one application was rejected since the physician who had filled in the medical part was not expert in the specific field. For three of the applications, the Antidoping Centre issued decisions that the athletes did not need TUEs. The ADAMS is periodically updated, revising the existing data and creating new profiles of athletes listed in the Registered Testing Pool. In ADAMS, profiles of athletes subjected to doping control in 2013 and 2014 were created and the data of the corresponding DCF for the two years were filled in.

In 2014, the CMC of the Antidoping Centre carried out a number of educational and training activities. During the World Juniors Championships in Fencing (Plovdiv, 05-08.04.2014), in common with the International Fencing Federation (FIE), training was carried out on athletes, coaches, and officials. Separately, the Bulgarian athletes and coaches underwent training on doping-control procedure, whereabouts submitting, and the WADA Prohibited List. The FIE sent to the Antidoping Centre an official letter of thanks, stating especially the impressive number of participants (483 athletes and 36 trainers from 71 countries) who took part in the Outreach-program.

During the European Cadets Championships in Wrestling, regarding the suggestion of the International Wrestling Federation (FILA), a 2-day education of 72 persons (53 athletes, 15 coaches, 2 physicians) was carried out, using a computer-based program (WADA Quiz). Mr. Carlos Roy from the FILA sent to the Antidoping Centre an official letter of thanks in respect to the education activity carried out.

In 2014, young athletes and their coaches in 6 state sports schools underwent antidoping training on the project "Antidoping education versus false self-affirmation", funded by UNESCO. In the education on the project, children from two orphanages were also included. Due to the great interest among the other sports schools in Bulgaria, the Antidoping Centre applied to UNESCO for extension of the project.

A 2-day training of 10 new DCOs, followed by test was conducted by the Antidoping Centre staff. All successful participants received certificates and official duty-cards. Officials of the Antidoping Centre took part in several international meetings concerning the changes in the World Antidoping Code and its Standards.

In February 2014, the Antidoping Centre became iNADO member.

In May and June 2015, two seminars with the Bulgarian sports federations were carried out by the Antidoping Centre. The aim was to inform the federations about the changes the World Antidoping Code 2015 and its Standards.

On November 28-29, 2014, the Antidoping Centre organized the First National Antidoping Conference with international participation. Besides representatives of Bulgarian sports

organizations, participants from 12 foreign countries took place. The Director of the European Regional Office of WADA Mr. Frédéric Donzé greeted the participants and presented a lecture. The iNADO CEO Joseph de Pencier and Bulgarian participants also delivered lectures at the conference.

The Antidoping Centre also regularly updates its website. In it, the participation of the Antidoping Centre staff in the antidoping education during the World Championships in Fencing for Juniors (Plovdiv, 05-08.04.2014) and during the European Championships in Wrestling for Cadets (Samokov, 06-11.05.2014), was presented. In addition, information about all activities of the Antidoping Centre (including also the First National Antidoping Conference) was duly put on the website.

On the table below, data about the doping-control activity of the Antidoping Centre in 2014 is presented.

Indices	Data for 2014					
	Samples collected					
	Antidoping Centre		Bulgarian Federations		International Federations	
	IC	OOO	IC	OOO	IC	OOO
	299	204	154	141	90	7
Doping rules violations, incl.:	<b>AAF of Bulgarian athletes</b>				<b>Breaches by supporting personnel</b>	
	9				-	
Judo	2					
Wrestling	2					
Sambo	1					
Table tennis	1					
Basketball	1					
Canoe	1					
Football	1					
Atypical Findings					13	
TUE applications					6	
TUE granted					2	